



September 2025-Congregate



Menu may change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>Lunch Cancelled</p>	<p>2</p> <p><u>Happy Labor Day</u> BBQ Beef Rib Corn O'Brien Potatoes Soft Chocolate Cookie Fruit Punch Wheat Bread Milk</p>	<p>3</p> <p>Eggplant Rollatini Italian Blend Rigatoni Pasta w/Marinara Sauce Diced Pears Wheat Roll Milk</p>	<p>4</p> <p>Salisbury Steak Broccoli & Cauliflower Baby Bakers Fruit cocktail Rye Bread Milk</p>	<p>5</p> <p>Grilled Chicken w/Teriyaki Sauce Stir-fry Veg Parslied Potatoes Oatmeal Fruit Bar Grape Juice Wheat Bread Milk</p>
<p>8</p> <p>Beef Hot Dog w/Sauerkraut Baked Beans Tator Tots Fresh Fruit Hot Dog Bun Milk</p>	<p>9</p> <p>Pork Chops Mixed String Beans Sweet Potatoes Waffle Snaps Apple Juice Rye Bread Milk</p>	<p>10</p> <p>Vegetable Lasagna w/White Sauce Italian Blend Wax Beans Applesauce Wheat Roll Milk</p>	<p>11</p> <p>Italian Chicken Sausage w/ Fire Roasted Veg Broccoli Rosemary Potatoes Ice Cream Fruit Punch Rye Milk</p>	<p>12</p> <p>Tuna Salad Sandwich Beet Salad Macaroni Salad Diced Peaches Whole Wheat Pita Bread Milk</p>
<p>15</p> <p>Stuffed Peppers Sliced Carrots Mashed Potatoes Shortbread Cookies Grape Juice Rye Bread Milk</p>	<p>16</p> <p>Chicken Parm Broccoli & Cauliflower Rigatoni Pasta w/ Marinara Sauce Fresh Fruit Wheat Roll Milk</p>	<p>17</p> <p>Cheese Omelet Stewed Tomatoes & Kale O'Brien Potatoes Pineapple Tibits Banana Muffin Milk</p>	<p>18</p> <p>Roasted Turkey w/Gravy Green Beans Parslied Potatoes Fruited Yogurt Cran-Apple Juice Wheat Bread Milk</p>	<p>19</p> <p>Baked Salmon w/Mustard Dill Sauce Mixed Veg Ancient Grains & Kale Fruit Cocktail Rye Bread Milk</p>
<p>22</p> <p>Chicken Empanadas Mexican Corn Cajon Seasoned Potatoes Applesauce Rye Bread Milk</p>	<p>23</p> <p>Meatball Sub w/Parmesan Cheese Broccoli Rosemary Potatoes Sherbet Fruit Punch Bun Milk</p>	<p>24</p> <p>BBQ Chicken Succotash Sweet Potatoes & Apples Sliced Pears Rye Bread Milk</p>	<p>25</p> <p>Cheese Manicotti w/Marinara Sauce Italian Blend Wax Beans Fresh Fruit Wheat Roll Milk</p>	<p>26</p> <p>Hamburger Baked Beans Tator Tots Sandwich Cookies Apple Juice Hamburger Roll Milk</p>
<p>29</p> <p>Baked Salmon w/Lemon Garlic Sauce Summer Blend Ancient Grains & Kale Pudding Orange-Pineapple Juice Wheat Bread Milk</p>	<p>30</p> <p>NY Strip Steak Mixed Veg Baby Bakers Pineapple Tidbits Rye Bread Milk</p>			 <p>National Coffee Day Sept 29</p>

Portion Sizes: Meat or Alternative – 3oz. Vegetables & Fruit- ½ c. serving, ½ pt. milk: Butter will be served with bread. All vegetables, beans, and starches are vegetarian unless otherwise noted.