# **Native Plants**

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# American Pokeweed

Phytolacca Americana

### **Plant Details:**

Height: up to 20 feet

Duration: Perennial

Bloom Color: White, Pink, Purple Bloom Time: Can flower all year round

Attracts: Birds

## **Plant/Flower Description:**

American Pokeweed can bloom all year round, with small, white to greenish-white flowers on long racemes. The plant has large, ovate leaves and produces dark purple berries. Growing up to 20 feet tall, it is commonly found in disturbed areas and is notable for its striking berries.



### **Extra Info:**

 Native Americans and early settlers used pokeweed in traditional medicine for a variety of ailments, including skin conditions, rheumatism, and as a purgative. However, these uses are not supported by modern medical practices.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=PHAM4

# **Eastern Showy Aster**

Eurybia Spectabilis

### **Plant Details:**

Height: up to 3 feet
Duration: Perennial
Bloom Color: Yellow, Purple
Bloom Time: Aug. - Nov.
Attracts: Butterflies, Bees

## **Plant/Flower Description:**

Eastern Showy Aster blooms from August to November. The plant produces bright purple flowers with yellow centers, arranged in loose clusters. The lance-shaped leaves are slightly hairy and clasp the stems, which grow up to 3 feet tall. It attracts bees and butterflies.



### **Extra Info:**

- Eastern Showy Aster can sometimes continue blooming even after light frosts
- The leaves of Eastern Showy Aster can exhibit a surprising variety of shapes, even on the same plant. While lower leaves are typically more lance-shaped, upper leaves can be more oval or oblong.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=EUSP3

# New England American-Aster

Symphyotrichum Novae-Angliae

### **Plant Details:**

Height: up to 6 feet
Duration: Perennial
Bloom Color: Pink, Yellow, Purple

Bloom Time: Aug. - Nov. Attracts: Butterflies

### **Plant/Flower Description:**

New England American-Aster blooms from August to November. It produces vibrant purple flowers with yellow centers, arranged in dense clusters. The lance-shaped leaves are hairy and clasp the stems, which can grow up to 6 feet tall. The plant attracts butterflies.



### **Extra Info:**

- One of the last flowers to bloom in the growing season, providing essential nectar for late-flying insects.
- The leaves and stems of this plant are edible but have a very strong and somewhat bitter taste, not commonly appreciated by humans but occasionally nibbled on by animals.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=SYNO2

# Foxglove Beardtongue

Penstemon Cobaea

### **Plant Details:**

Height: up to 3 feet

Duration: Perennial

Duration: White Pink Purential

Bloom Color: White, Pink, Purple, Violet

Bloom Time: Apr. - June Attracts: Butterflies, Hummingbirds

### **Plant/Flower Description:**

Foxglove Beardtongue blooms from April to June. The plant produces spikes of tubular, white to pale pink flowers with purple streaks. The dark green, lance-shaped leaves form a basal rosette and are arranged oppositely along the stems, which can grow up to 3 feet tall. It attracts butterflies and hummingbirds.



### **Extra Info:**

- This plant is quite adaptable, thriving in a variety of soil types and moisture levels, from dry to moderately wet conditions.
- The white flowers can sometimes glow faintly under moonlight or certain artificial lights, giving them an eerie appearance at night.

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=PECO4

# Hairy Beardtongue

Penstemon Hirsutus

### **Plant Details:**

Height: up to 3 feet
Duration: Perennial
Bloom Color: White, Purple, Violet
Bloom Time: May - July
Attracts: Hummingbirds, Bees

### **Plant/Flower Description:**

Hairy Beardtongue blooms from May to July.
The plant features spikes of tubular, pale lavender to white flowers with a fuzzy interior. The narrow, lance-shaped leaves are slightly hairy and arranged oppositely along the stems, which can grow up to 3 feet tall. It attracts hummingbirds and bees.



### **Extra Info:**

- The plant gets its name from the fine hairs covering its stems and leaves, giving it a somewhat fuzzy appearance.
- Hairy Beardtongue is well-suited to dry conditions and poor soils

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=PEHI

# Scarlet Bee Balm

Monarda Didyma

### **Plant Details:**

Height: up to 6 feet Duration: Perennial Bloom Color: Red

Bloom Time: May, June - Oct, Attracts: Butterflies, Hummingbirds

### **Plant/Flower Description:**

Scarlet Bee Balm blooms from May to October. The plant features clusters of bright red, tubular flowers with a strong fragrance. The aromatic, lance-shaped leaves are arranged oppositely along the squarish stems, which can grow up to 4 feet tall. It attracts hummingbirds, and butterflies.



### **Extra Info:**

- It's medicinal uses include expelling worms, and treating gas, fever and stomach ailments

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=MODI

# Wild Bergamot

Monarda Fistulosa

### **Plant Details:**

Height: up to 5 feet Duration: Perennial

Bloom Color: White, Pink, Purple

Bloom Time: May - Oct.

Attracts: Birds, Butterflies, Hummingbirds

### **Plant/Flower Description:**

Wild Bergamot blooms from May to October.

The plant produces clusters of tubular,
lavender to pink flowers with a minty
fragrance. The lance-shaped leaves are
aromatic and arranged oppositely along the
square stems, which can grow up to 5 feet
tall. It attracts birds, butterflies, and
hummingbirds.



### **Extra Info:**

- Native Americans used oil from the leaves to treat respiratory ailments. They also used the leaves in tea for colic, flatulence, colds, fevers, stomach aches, nosebleeds, insomnia, & heart trouble.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=MOFI

# **Cardinal Flower**

Lobelia Cardinalis

### **Plant Details:**

Height: up to 6 feet
Duration: Perennial
Bloom Color: Red

Bloom Time: May - Oct.

Attracts: Birds, Butterflies, Hummingbirds

## **Plant/Flower Description:**

Cardinal Flower blooms from July to September, with tall spikes of bright red, tubular flowers. The lance-shaped, dark green leaves provide a contrasting backdrop. The plant grows 3-6 feet tall and thrives in moist, shady habitats, attracting hummingbirds, butterflies, and bees.



### **Extra Info:**

- Native Americans used the roots in tea for stomach aches, syphilis, typhoid, worms. They also used the leaves in tea for colds, croup, nosebleeds, fevers, headaches, rheumatism.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=LOCA2

# Clustered Mountain Mint

Pycnanthemum Muticum

### **Plant Details:**

Height: up to 3 feet
Duration: Perennial
Bloom Color: White, Pink, Blue
Bloom Time: July - Sep.
Attracts: Butterflies, Bees

## **Plant/Flower Description:**

Clustered Mountain Mint blooms from July to September, producing dense clusters of small, white to pale pink flowers. The plant's aromatic leaves are opposite and broad, with a silver-gray appearance. It can grow up to 3 feet tall and attracts a wide variety of pollinators with its nectar-rich flowers.



### **Extra Info:**

- The leaves release a strong, minty fragrance when crushed, similar to that of culinary mints.
- Historically, parts of the plant have been used in traditional medicine, particularly for digestive issues.
- Very deer resistant, as deers don't like mint

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=PYMU

# Orange Coneflower

Rudbeckia Fulgida

### **Plant Details:**

Height: up to 4 feet
Duration: Perennial
Bloom Color: Orange, Yellow
Bloom Time: July - Oct.

Attracts: Birds

### **Plant/Flower Description:**

Orange Coneflower stands up to about 4 feet tall, featuring sturdy stems topped with daisy-like flowers that have striking orange petals radiating from a dark, prominent cone-shaped center. The plant's green foliage consists of lance-shaped leaves that provide a lush backdrop to the vivid blooms.



### **Extra Info:**

- Native Americans used various parts of Orange Coneflowers in traditional medicine for its supposed properties to treat ailments like coughs and colds, although it's mostly used for ornamental purposes today.
- The flower's color can change due to environmental stresses

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=RUFU2

# Purple Coneflower

Echinacea Purpurea

### **Plant Details:**

Height: 2-5 feet
Duration: Perennial
Bloom Color: Pink, Purple
Bloom Time: Apr. - Sep.

Attracts: Butterflies, Hummingbirds

## **Plant/Flower Description:**

Purple Coneflower blooms from June to August. The plant produces large, daisy-like flowers with purple petals and a prominent, spiky orange-brown central cone. The dark green, lance-shaped leaves are coarse and arranged alternately along the stems, which can grow 2-5 feet tall. It attracts bees, butterflies, and birds.



### **Extra Info:**

- The purple coneflower is a very hardy plant, often found in prairies. They can handle droughts well.
- They can germinate quickly, but have the possibility of taking two years to begin blooming.

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=ECPU https://www.thespruce.com/echinacea-purple-coneflowers-1402840

# Culver's Root

Veronicastrum Virginicum

### **Plant Details:**

Height: up to 6 feet
Duration: Perennial
Bloom Color: White, Pink
Bloom Time: June - Sep.
Attracts: Butterflies, Bees

## **Plant/Flower Description:**

Culver's Root blooms from June to September, producing tall spikes of small, white to pale lavender flowers. The plant's lance-shaped leaves are arranged in whorls around the upright stems, which can grow up to 6 feet tall. The elegant flower spikes attract bees, and butterflies.



### **Extra Info:**

- The root contains a powerful emetic and cathartic

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=VEVI4

# **Dense Blazing Star**

Liatris Spicata

### **Plant Details:**

Height: 2-6 feet
Duration: Perennial
Bloom Color: Purple
Bloom Time: July - Nov.
Attracts: Birds, Hummingbirds

## **Plant/Flower Description:**

Dense Blazing Star blooms from July to November, featuring tall spikes of feathery purple flowers. The narrow, grass-like leaves are arranged alternately along the stems, which grow 2-6 feet tall. The vibrant flowers attract butterflies and hummingbirds.



### **Extra Info:**

- While it prefers moist, well-drained soil, Dense Blazing Star is quite drought-tolerant once established, making it a resilient addition to gardens.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=LISP

# Eastern Bluestar

Amsonia Tabernaemontana

### **Plant Details:**

Height: up to 3 feet
Duration: Perennial
Bloom Color: Blue, Purple
Bloom Time: Mar. - May
Attracts: Butterflies, Bees

## **Plant/Flower Description:**

Eastern Bluestar blooms from March to May. The plant produces clusters of star-shaped, pale blue flowers at the tips of the stems. The narrow, needle-like leaves turn golden yellow in the fall. It can grow up to 3 feet tall and is known for its fine, feathery foliage.



### **Extra Info:**

- Generally avoided by deer, making it a good choice for gardens where deer browsing is a problem.
- The plant contains a milky sap that is mildly toxic and can cause digestive upset if ingested, a curious trait given its appealing appearance.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=amta2

# Eastern Daisy Fleabane

**Erigeron Annuus** 

### **Plant Details:**

Height: up to 5 feet
Duration: Perennial
Bloom Color: White, Yellow
Bloom Time: June - Nov.

Attracts: Bees, Butterflies, Dragonflies

### **Plant/Flower Description:**

Eastern Daisy Fleabane blooms from June to November. The plant produces small, white daisy-like flowers with yellow centers, arranged in loose clusters. The narrow, lance-shaped leaves are arranged alternately along the stems, which grow up 5 feet tall.



### **Extra Info:**

- The name "fleabane" comes from a historical belief that the plant could repel fleas, though there is little scientific evidence to support this.
- It can grow in a wide range of soil types and conditions, from dry to moist and from full sun to partial shade.

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=ERAN

# **Eastern Red Columbine**

Aquilegia Canadensis

### **Plant Details:**

Height: up to 3 feet Duration: Perennial

Bloom Color: Red, Pink, Yellow

Bloom Time: Feb. - July

Attracts: Birds, Butterflies, Hummingbirds

## **Plant/Flower Description:**

Eastern Columbine blooms from February to July. The dropping, red and yellow flowers have spurred petals and are accompanied by fern-like leaves divided into three lobed segments. The plant grows up to 3 feet tall and prefers shady areas, attracting hummingbirds, butterflies, and birds.



### **Extra Info:**

- Native American men reputedly rubbed crushed seeds on themselves to attract amorous attention.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=AQCA

# Golden Alexander

### Zizia Aurea

### **Plant Details:**

Height: 1-3 feet
Duration: Perennial
Bloom Color: Yellow
Bloom Time: May, June

Attracts: Bees

### **Plant/Flower Description:**

Golden Alexander is a flowering perennial plant in the carrot family that is native to eastern Canada and the United States. It has smooth stems that are 1–3 feet tall and produces small yellow flowers in late spring. The flowers are less than 3 mm wide, have tiny petals, and grow in flat-topped clusters called umbels. The dry fruit splits into two seeds



### **Extra Info:**

- Plant stratified seed in fall. Seeds germinate best in cool soil. Plants can also be divided.
- Native Americans used the roots of Zizia aurea to make tea to break fevers.
- Zizia aurea can also be toxic, eating too much of the root has been known to cause excess vomiting.
- Though Zizia aurea prefers moist soil it has been known to survive dry summers.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=ZIAU

# Golden Ragwort

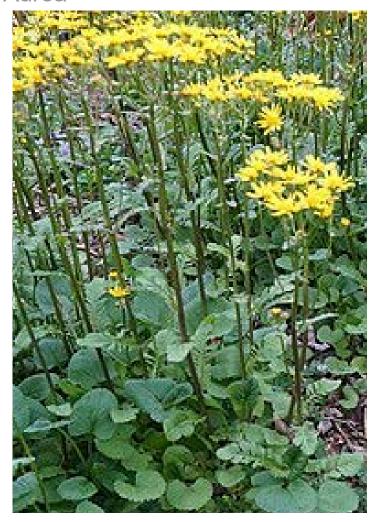
# Packera Aurea

### **Plant Details:**

Height: 1-2 ft
Duration: Perennial
Bloom Color: Yellow
Bloom Time: May - Aug.
Attracts: Bees

### **Plant/Flower Description:**

Golden Ragwort produces bright yellow, daisy-like flowers from May to August. The flowers are composed of central disks and surrounded by ray petals that sit atop leafy stems. The plant's heart-shaped basal leaves contrast with the more lance-shaped stem leaves. Growing 1-2 feet tall, it thrives in moist, shaded areas and attracts numerous pollinators.



### **Extra Info:**

- Golden Ragwort repels deer and rabbits
- Native Americans used Golden Ragwort for its medicinal properties, including as a treatment for various ailments like wounds and digestive issues.

#### Sources:

https://grownative.org/native\_plants/golden-ragwort/ https://www.wildflower.org/plants/result.php?id\_plant=PAAU3

# Horseweed

Conyza Canadensis

### **Plant Details:**

Height: up to 6 feet Duration: Annual

Bloom Color: White, Yellow, Purple Bloom Time: Can bloom all year round

Attracts: Wasps, Flies

## **Plant/Flower Description:**

Horseweed can bloom all year round. The plant produces small, white to pale pink flowers arranged in dense clusters at the tops of tall, slender stems. The narrow, lance-shaped leaves are arranged alternately. It can grow up to 6 feet tall and is often found in disturbed areas.



### **Extra Info:**

- Despite its status as a weed, Horseweed has been used traditionally for its purported medicinal properties, including as an astringent and diuretic.
- This annual plant can grow quickly, reaching heights of up to 5 feet within a single growing season.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=COCA5

# False Blue Indigo

Baptisia Australis

### **Plant Details:**

Height: 3-5 feet
Duration: Perennial
Bloom Color: Blue, Purple
Bloom Time: Apr. - July
Attracts: Butterflies

### **Plant/Flower Description:**

Blue False Indigo grows 3 to 5 feet tall and features a bushy, upright form. The plant boasts large, palm-shaped leaves with multiple leaflets that create a dense, textured backdrop. In late spring to early summer, it produces spikes of deep blue to indigo flowers that resemble those of lupines. After blooming, the plant develops attractive, elongated seed pods that turn dark brown.



### **Extra Info:**

- Blue False Indigo can have low levels of toxicity.
- Native Americans made root tea out of it and used it as emetic and purgative; cold tea given to stop vomiting. Root poulticed as an anti-inflammatory. They also held in their mouths to treat toothaches.

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=BAAU

# Indigo Bush

Amorpha fruticosa

### **Plant Details:**

Height: 6-12 feet Duration: Perennial

Bloom Color: Orange, Blue, Purple, Violet

Bloom Time: Apr. - June Attracts: Butterflies

### **Plant/Flower Description:**

Indigo Bush blooms from April to June, producing dense spikes of small, deep purple flowers with bright yellow stamens. The compound leaves consist of numerous small, oval leaflets. This large shrub can grow up to 12 feet tall and thrives in wet areas.



### **Extra Info:**

- As a member of the legume family, it can fix nitrogen in the soil, enriching it for other plants.
- Typically found in wet habitats like riverbanks, swamps, and floodplains, it can tolerate a range of soil conditions, including poor soils.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=amfr

# Inkberry

llex Glabra

### **Plant Details:**

Height: up to 12 feet
Duration: Perennial
Bloom Color: White
Bloom Time: June - Sep.

Attracts: Birds

## **Plant/Flower Description:**

Inkberry blooms from June to September, producing small inconspicuous, white flowers. The plant is an evergreen shrub with glossy, dark green leaves. It can grow up to 12 feet tall and produces black berries that persist into winter, providing food for birds.



### **Extra Info:**

- Inkberry may be somewhat toxic if ingested.
- The Inkberry bush is an evergreen

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=ILGL

# Hollow Joe Pye Weed

Eutrochium Fistulosum

### **Plant Details:**

Height: up to 12 ft
Duration: Perennial
Bloom Color: Pink, Purple
Bloom Time: July - Sep.
Attracts: Birds, Butterflies

## **Plant/Flower Description:**

Hollow Joe Pye Weed blooms from July to September, featuring large clusters of mauve-pink flowers. The plant's leaves are lance-shaped and arranged in whorls along the hollow stems, which can grow up to 12 feet tall. It thrives in moist habitats and attracts a wide variety of pollinators.



### **Extra Info:**

- An important source of honey, attracting a lot of pollinators

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=EUFI14

# Spotted Joe Pye Weed

Eutrochium Maculatum

### **Plant Details:**

Height: up to 5 ft
Duration: Perennial
Bloom Color: Purple
Bloom Time: June - Nov.
Attracts: Bees, Butterflies

## **Plant/Flower Description:**

Spotted Joe Pye Weed blooms from June to November. The plant produces large, domed clusters of small, pink to purple flowers. The leaves are lance-shaped and arranged in whorls around the purple-spotted stems, which can grow up to 5 feet tall. It attracts butterflies and bees.



### **Extra Info:**

- An important source of honey, attracting a lot of pollinators

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=EUMAB4

# **Butterfly Milkweed**

Asclepias Tuberosa

### **Plant Details:**

Height: 1-3 ft
Duration: Perennial
Bloom Color: Orange, Yellow
Bloom Time: May - Sep.
Attracts: Hummingbirds, Butterflies

### **Plant/Flower Description:**

Butterfly Milkweed blooms from May to September, and when it blooms it features dense clusters of bright orange flowers. The narrow, lance-shaped leaves are arranged alternately along the stems, which reach 1-3 feet in height. The vivid orange blooms are especially attractive to butterflies, and hummingbirds, and the plant serves as a host for monarch caterpillars.



### **Extra Info:**

- Butterfly Milkweed is fairly deer resistant
- Butterfly Milkweed has a high drought tolerance

### Sources:

https://www.audubon.org/native-plants/search?zipcode=07076&tab=best-results https://www.wildflower.org/plants/result.php?id\_plant=astu\_

# Common Milkweed

Asclepias Syriaca

### **Plant Details:**

Height: 3-8 feet
Duration: Perennial
Bloom Color: White, Purple
Bloom Time: June - Aug.
Attracts: Butterflies

### **Plant/Flower Description:**

Common Milkweed blooms from June to
August, with spherical clusters of
pinkish-purple, fragrant flowers. The plant's
large, velvety leaves are arranged opposite
to each other along the tall stems, which can
grow up to 5 feet. It is a crucial nectar
source and host plant for monarch
butterflies.



### **Extra Info:**

- Common milkweed is fairly deer resistant
- Native Americans used this species as a source of fibers and during the Second World War children in the northern states were encouraged to collect the seed pods that were processed for the coma, or floss, which was used for flotation in life vests. Today the coma is harvested for use in pillows and comforters.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=ASSY

# Swamp Milkweed

Asclepias Incarnata

### **Plant Details:**

Height: up to 5 feet
Duration: Perennial
Bloom Color: Pink, Purple
Bloom Time: June - Oct.
Attracts: Monarch Caterpillars,
Hummingbirds

### **Plant/Flower Description:**

Swamp Milkweed blooms from June to October, showcasing fragrant clusters of pink to purple flowers. The plant's lance-shaped leaves are opposite along the stems, which can grow up to 5 feet tall. This flower mainly attracts butterflies, and hummingbirds, and the plant serves as a host for monarchs.



### **Extra Info:**

- In the past, the roots of swamp milkweed were simmered to make a tea taken in small quantities both as a general purge and to destroy and expel parasitic worms
- Swamp Milkweed is fairly deer resistant

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=asin

# Whorled Milkweed

Asclepias Verticillata

### **Plant Details:**

Height: up to 3 ft
Duration: Perennial
Bloom Color: White, Green
Bloom Time: May - Sep.
Attracts: Butterflies

### Plant/Flower Description:

The Whorled Milkweed stands up to 3 feet tall, and showcases narrow, lance-shaped leaves arranged in a whorled(spiraled) pattern around the stem, creating a starburst effect. The foliage is slender and often gives the plant a spiky or feathery look. In the summer, delicate clusters of small white to pale green flowers emerge at the tops of the stems.



### **Extra Info:**

- Whorled Milkweed is fairly deer resistant
- The silky fibers of the Whorled Milkweed seed pods are used by some birds to line their nests, providing insulation and comfort for their eggs and young

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=asve

# **Pearly Everlasting**

Anaphalis Margaritacea

### **Plant Details:**

Height: up to 3 feet
Duration: Perennial
Bloom Color: White, Yellow
Bloom Time: June - Oct.
Attracts: Butterflies

### **Plant/Flower Description:**

Pearly Everlasting blooms from June to October, with clusters of small, white, papery flowers that resemble pearls. The plant's silvery-green, lance-shaped leaves are arranged alternately along the stems. It can grow up to 3 feet tall and is known for its long-lasting blooms.



### **Extra Info:**

- In folk medicine, it is used as a salve for burns.
- The pearly-white bracts that surround its yellow flowers remain fresh after the flowers have wilted.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=ANMA

# **Thimbleweed**

Anemone Virginiana

### **Plant Details:**

Height: 2-3 feet
Duration: Perennial
Bloom Color: Green, White
Bloom Time: Aug. - Sep.

Attracts: Bees

## **Plant/Flower Description:**

Thimbleweed blooms from May to August. The plant features tall stems with a single greenish-white flower that transitions into a cylindrical seed head resembling a thimble. The deeply lobed leaves form a basal clump, and the plant grows 2-3 feet tall, thriving in sunny, open areas.



### **Extra Info:**

- The sap of this plant is very painful. If ingested, it will cause blisters and irritation, vomiting, diarrhea, and even death if ingested in large quantities.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=ANVI3
https://www.gardeningknowhow.com/ornamental/bulbs/anemone/growing-anemone-thimbleweed.htm

# Pink Tickseed

Coreopsis Rosea

### **Plant Details:**

Height: up to 2 feet
Duration: Perennial
Bloom Color: White, Pink
Bloom Time: July - Sep.
Attracts: Birds

## **Plant/Flower Description:**

Pink Tickseed blooms from July to September. It features delicate, pink, daisy-like flowers with yellow centers. The slender, lance-shaped leaves are arranged alternately along the stems, which grow up to 2 feet tall. The plant prefers moist, sunny locations.



### **Extra Info:**

- Unlike many other tickseeds, Pink Tickseed can be surprisingly sensitive to too much water and may rot if the soil is not well-drained, despite its preference for moist conditions
- Under intense sunlight, the pink flowers can sometimes appear to bleach out, turning a paler shade or even white.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=CORO

# Tall Tickseed

Coreopsis Tripteris

### **Plant Details:**

Height: up to 9 feet
Duration: Perennial
Bloom Color: Yellow
Bloom Time: July - Sep.
Attracts: Birds, Butterflies

### **Plant/Flower Description:**

Tall Tickseed blooms from July to September, producing bright yellow, daisy-like flowers with dark centers. The plant's leaves are divided into three lance-shaped leaflets, providing a lush green backdrop. This plant grows up to 9 feet tall, and attracts birds and butterflies.



### **Extra Info:**

- The name Tickseed comes from the resemblance of its seeds to ticks
- Native Americans used the stems of the Tall Tickseed to treat internal pain and bleeding

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=COTR4

# Whorled Tickseed

Coreopsis Verticillata

### **Plant Details:**

Height: up to 3 feet
Duration: Perennial
Bloom Color: Yellow
Bloom Time: June - Aug.
Attracts: Birds, Butterflies

### **Plant/Flower Description:**

Whorled Tickseed blooms from June to August, featuring small, bright yellow, daisy-like flowers. The finely divided, needle-like leaves are arranged in spirals around the stems, which grow up to 3 feet tall. The plant forms a dense, bushy clump and is highly attractive to pollinators.



### **Extra Info:**

- The leaves of Whorled Tickseed are extremely fine and thread-like, resembling dill or fennel more than typical leaves, which can make the plant look almost fern-like.
- This plant spreads by underground rhizomes, which can lead to surprising and sudden appearances of new plants some distance from the original.

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=COVE5

# **Trumpet Creeper**

Campsis Radicans

### **Plant Details:**

Height: up to 40 feet
Duration: Perennial
Bloom Color: Red, Orange
Bloom Time: June - Sep.
Attracts: Hummingbirds

### **Plant/Flower Description:**

Trumpet Creeper is a deciduous, woody vine that attaches itself to structures or trees via aerial rootlets. In bloom, it has trumpet shaped flowers that can grow to three inches. Its leaves are dark green, grow up to 12 inches and grow in clusters. Trumpet Creeper can form dense thickets and grows aggressively. It can damage structures such as a house because of its aerial rootlets.



### **Extra Info:**

- High flammability rating, should not be planted next to structures
- The challenge with Trumpet Creeper isn't growing it, it is restraining it because it grows so aggressively

#### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=CARA2 https://plants.ces.ncsu.edu/plants/campsis-radicans/

# Trumpet Honeysuckle

Lonicera Sempervirens

### **Plant Details:**

Height:4-20 feet
Duration: Perennial
Bloom Color: Red, Yellow
Bloom Time: Mar. - June
Attracts: Butterflies, Hummingbirds

### **Plant/Flower Description:**

Trumpet Honeysuckle is a North American vine that produces clusters of bright red flowers in the spring. Trumpet honeysuckle is a perennial vine that can grow up to 20 feet long. It has smooth, glossy, paired leaves that are semi evergreen. The vine produces clusters of red, tubular flowers that are 2 inches long, and some cultivars can be yellow. The vine also produces bright-red berries.



### **Extra Info:**

- Dried and smoked for asthma, leaves ground by chewing and applied to bee stings. Leaves make a decoction for sore throats and coughs

#### Sources:

https://en.wikipedia.org/wiki/Phytolacca\_americana
www.fs.usda.gov/wildflowers/plant-of-the-week/phytolacca\_americana.shtml
https://www.wildflower.org/plants/result.php?id\_plant=LOSE

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# Virginia Spiderwort

Tradescantia Virginiana

### **Plant Details:**

Height: up to 2 feet
Duration: Perennial
Bloom Color: White, Blue, Purple
Bloom Time: Mar. - Aug.
Attracts: Butterflies

### **Plant/Flower Description:**

Virginia Spiderwort blooms from March to August. The plant produces clusters of three-petaled, blue to purple flowers. The long, grass-like leaves are arranged alternately along the stems, which can grow up to 2 feet tall. The flowers open in the morning and close by afternoon.



### **Extra Info:**

- Virginia Spiderwort's leaves are poisonous. Minor skin irritation if touched.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=TRVI

# White Doll's Daisy

## **Boltonia Asteroides**

### **Plant Details:**

Height: up to 6 feet
Duration: Perennial
Bloom Color: White
Bloom Time: July - Oct.
Attracts: Butterflies

## **Plant/Flower Description:**

White Doll's Daisy blooms from July to October, displaying an abundance of small, white, daisy-like flowers with yellow centers. The narrow, lance-shaped leaves are arranged alternately along the stems, which can grow up to 6 feet tall.



### **Extra Info:**

- The stems of White Doll's Daisy can be somewhat flimsy due the plants own weight.
- The White Doll's Daisy is remarkably tolerant to poor soil conditions, including heavy clay, which many plants struggle with.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=BOAS

# **Wood Anemone**

Anemone Quinquefolia

### **Plant Details:**

Height: up to 1 foot Duration: Perennial Bloom Color: White, Pink, Blue Bloom Time: Mar. - June

Attracts: Bees

## **Plant/Flower Description:**

Wood Anemone is a low-growing woodland plant with large white or purple-streaked flowers, deeply lobed leaves, and a thin red stem.



### **Extra Info:**

- Wood Anemone is toxic if ingested in large quantities.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=anqu

# Yellow Marsh Marigold

Caltha Palustris

### **Plant Details:**

Height: up to 2 feet
Duration: Perennial
Bloom Color: Yellow
Bloom Time: Apr. - May

Attracts: Birds

## **Plant/Flower Description:**

Marsh Marigold blooms from April to May.
The plant produces bright yellow, buttercup like flowers that contrast with its glossy, heart-shaped leaves. It can grow up to 2 feet tall and thrives in wet, marshy areas, providing an early nectar source for pollinators.



### **Extra Info:**

- The petals of Marsh Marigold are actually sepals that have evolved to look like petals. These sepals have a shiny, reflective surface that makes the flowers particularly bright and eye-catching, even from a distance.

### Sources:

https://www.wildflower.org/plants/result.php?id\_plant=capa5